

Costa Rica

Dec 2024

*Sunrise 5:43a - Sunset 5:16pm
2hr time Difference from PST (during DEC), only 1hr during PDT.*

Weather:

[La Fortuna/Arenal](#)

Avg High 87, Avg Low 73

*(Comfortable mornings warming until noon, Maybe too hot 12-3, 4-6 borderline and
Comfortable again after 6pm)*

About 50/50 sunny/cloudy. 12% Chance of Rain

Nosara

Avg High 84, Avg Low 73

9hr of Sunshine on Average. 1.5in of Rain in Dec

~500 colones per dollar.

Colones to USD → Take off 3 zeros, multiply by 2.

Sat Dec 7 - Travel Day (Flight and Sleep)

- **Drive to LAX, park**
- Flight LAX - LIR 10:50a-6:24pm
 - Pickup Rental Car at 7pm at Avis (Full Size SUV)
 - *Your provided AWD number includes discounts or certain extras, and may include Loss Damage Waiver (LDW) and Liability Coverage. See go/avisbudgetinsurance for details. Subject to terms and conditions..*
 - Stay Hilton Garden Inn Guanacaste Airport

Sun Dec 8 - (Drive from Airport to Arenal / La Fortuna (3hr) and Settle in w/ quick Hike)

- Get on Road Early
- 100p: Lunch in La Fortuna at Casa Fortuna Restaurante Familiar @ 1:00pm
- Visit Arenal Volcano National Park (3min drive)
 - Trails (listed North to South off Highway)
 - El Silencio Trail (3.3mi, 807ft, 4.7*)
 - Arenal 1968 Volcano: Forest Trail (2.9mi, 547ft, 4.7*) - Not great if the volcano is not visible this day
 - Arenal (Sendero) Volcano Trail (3.3 429ft, 4.5*)
- Check in to Hotel

- 600p: Dinner at Tabacon Restaurant “Ave”
- Explore Tabacon Guest-Only Shangri-La Gardens
- Stay [Tabacon Thermal Resort and Spa](#)

Mon Dec 9 - Arenal Day 1 (Ziplining + La Fortuna Area Lunch + Tabacon Hot Springs)

- Check Arenal for Cloudless view at Sunrise (530am)
- Breakfast at Tabacon
- Head to La Fortuna (20m)
- 0800-1030: - [Arenal Mundo Aventura Zip Lining](#) (Big AMA tour, Confirm #8897)
 - Other Good Brand: Sky Adventures
- 1030-100: Check out [Rio Fortuna Waterfall](#) Hike (0.6mi, 216ft)
 - Can swim here if sweaty after ziplining! Looks amazing.
- 1200-100: Lunch in La Fortuna
- 1-5pm Relaxing Afternoon at Tabacon Spa and Hot Springs
 - 145-400p Spa / Hot springs hant
- **Dinner in La Fortuna**
 - **Don Rufino Reservation at 7:30**
 - Known as the best restaurant in town. Specialty is steaks, but they also offer good pasta, Costa Rican food, seafood, vegetarian, and vegan food. – VERY GOOD.
- Stay [Tabacon Thermal Resort and Spa](#)

Tue Dec 10 - Arenal Day 2 (Canyoneering + Relaxing Spa Afternoon)

- Check Arenal for Cloudless view at Sunrise (530am)
- 700-1100a [La Roca Canyoneering](#)
 - Transportation included, pickup TBD via email, tour at 8-11am.
- Lunch included in tour.
- **Free afternoon. NO plans. Ideas:**
 - [Baldi Hot Springs Resort Hotel & Spa](#)
 - [Arenal Natura Ecological Park](#)
 - [Red, Green, Blue Trail - Los Cangrejos Danta Wtrfall](#) (4.2mi, 715ft, 4.6*)
 - [Rio Fortuna Waterfall Hike](#) (0.6mi, 216ft)
- 800pm Dinner at Tabacon restaurant Tucanes
- Stay [Tabacon Thermal Resort and Spa](#)

Wed Dec 11 - (Drive Arenal → Rio Celeste in Tenorio Volcano NP → Nosara (4h30m))

- Check Arenal for Cloudless view at Sunrise (530am)
- Breakfast at Tabacon
- Grab Roadtrip Snacks in La Fortuna
- Drive to [Tenorio Volcano National Park](#) (1h37m) - Home of Rio Celeste
 - **Entry 900-940a, Reservation number B1BC85.**

- [Trailhead on Map \(Driving\)](#)
- Hike Rio Celeste
 - [Hike to Catarata Río Celeste](#) (1.8mi, 400ft, 4.7*)
 - Longer Option: [Mysteries of Tenorio Trail](#) (3.0mi, 646ft, 4.7*)
- OPTION: [Tubing in Rio Celeste \(2hr\)](#) (timeline doesn't work out)
- Drive from Tenorio to Nosara (3h20m)
 - Hike on way: [Heliconia Hanging Bridges](#) (1.5mi 324ft)
- Rent Surfboard
 - OPTIONS?
- Dinner at Bodhi Restaurant & Bar or in Town (Buffett: Italian)
- Restaurants Options:
 - La Luna Playa Pelada
 - 10 Pies + Nosara Brewing Company
 - Cafeteria Beach Dog
 - El Manglar
 - Rosi's Soda Tica
 - Coyol
 - Beach Dog Cafe
 - Howlers Lounge (beach bar)
 - Huacas Restaurant
 - Posada Margarita
 - La Ventanita
- Stay [Bodhi Tree Yoga Resort](#)

Thu Dec 12 - Nosara Day 1

- Chuck Surf
 - [About Nosara Surf Spots/Conditions](#)
 - [Surf Report](#) | [Surfline](#) | Spot Guide
 - Surf Simply Headquarters (Physics Based Surf Instruction School)
- Julie Yoga
 - [Bodhi Tree "Nosara Pilates" Schedule](#)
 - [Bodhi Tree Yoga Community Class Schedule](#)
- Afternoon idea:
 - Turtle Tour in Ostenal?
 - Trip to Garza/Samara?
- Dinner at Coyol at 730pm
- Stay [Bodhi Tree Yoga Resort](#)

Fri Dec 13 - Nosara Day 2

- Chuck Surf / Julie Yoga
- Afternoon Idea: cruise the town, sunset at beach
- Stay [Bodhi Tree Yoga Resort](#)

Sat Dec 14 - Travel Home Day

- Chuck Surf / Julie Yoga
- Depart 200-300pm: Nosara → LIR (2h15m)
- Flight LIR - LAX 7:34 PM – 11:44 PM